

My HEMLIBRA Injection Log

A resource to help you track your injections



What is HEMLIBRA?

HEMLIBRA is a prescription medicine used for routine prophylaxis to prevent or reduce the frequency of bleeding episodes in adults and children, ages newborn and older, with hemophilia A with or without factor VIII inhibitors.

What is the most important information I should know about HEMLIBRA?

HEMLIBRA increases the potential for your blood to clot. People who use activated prothrombin complex concentrate (aPCC; Feiba®) to treat breakthrough bleeds while taking HEMLIBRA may be at risk of serious side effects related to blood clots.

These serious side effects include:

- **Thrombotic microangiopathy (TMA)**, a condition involving blood clots and injury to small blood vessels that may cause harm to your kidneys, brain, and other organs
- **Blood clots (thrombotic events)**, which may form in blood vessels in your arm, leg, lung, or head

Carefully follow your healthcare provider's instructions regarding when to use an on-demand bypassing agent or factor VIII, and the dose and schedule to use for breakthrough bleed treatment. If aPCC (Feiba®) is needed, talk to your healthcare provider in case you feel you need more than 100 U/kg of aPCC (Feiba®) total.

Your body may make antibodies against HEMLIBRA, which may stop HEMLIBRA from working properly. Contact your healthcare provider immediately if you notice that HEMLIBRA has stopped working for you (eg, increase in bleeds).

Please see Important Safety Information, including **Serious Side Effects**, throughout this brochure, as well as the HEMLIBRA full Prescribing Information and Medication Guide.

Important Safety Information

What are the other possible side effects of HEMLIBRA?

The most common side effects of HEMLIBRA include: injection site reactions (redness, tenderness, warmth, or itching at the site of injection), headache, and joint pain. These are not all of the possible side effects of HEMLIBRA. You can speak with your healthcare provider for more information.

What else should I know about HEMLIBRA?

See the detailed “Instructions for Use” that comes with your HEMLIBRA for information on how to prepare and inject a dose of HEMLIBRA, and how to properly throw away (dispose of) used needles and syringes.

- Stop taking your prophylactic bypassing therapy the day before you start HEMLIBRA
- You may continue taking your prophylactic factor VIII for the first week of HEMLIBRA

HEMLIBRA may interfere with laboratory tests that measure how well your blood is clotting and create an inaccurate result. Speak with your healthcare provider about how this may affect your care.

These are not all of the possible side effects of HEMLIBRA. Speak to your healthcare provider for medical advice about side effects.

Side effects may be reported to the FDA at (800) FDA-1088 or www.fda.gov/medwatch. You may also report side effects to Genentech at (888) 835-2555.



The importance of tracking your HEMLIBRA injections

It is important to use HEMLIBRA exactly as prescribed by your healthcare provider. HEMLIBRA is a subcutaneous (given under the skin) injection. This log can help you:

- Record your injection locations
- Follow your injection schedule
- Record a bleed you may have
- Track notes and information to discuss with your healthcare provider

In addition to keeping this log, talk with your healthcare provider about tips to help stay on track with your treatment as prescribed. Below are a few tips for you to consider.

- Choose your injection day and time, which should be consistent each time you inject
- Schedule your injection around an activity that you do regularly
- Set reminders on your phone or computer calendar or ask your healthcare provider about helpful apps
- Store your medicine in the same place each time
- Use a wall or desk calendar to mark your injection day; you may want to use the reminder stickers in this log

Support from friends and family members can also be helpful! Carefully read the Instructions for Use available in your HEMLIBRA Welcome Kit and at HEMLIBRA.com before injecting HEMLIBRA. Your healthcare provider should show you or your caregiver how to prepare and inject your dose of HEMLIBRA before you inject yourself for the first time. This log is for convenience only. Ask your healthcare provider if you have any questions.

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How to use this injection log

This log was designed to help you capture information about your HEMLIBRA injection. Specifically, it will help you track:

Injection site location

- You should use a different injection site each time you administer HEMLIBRA, at least one inch away from the area you used for your previous injection. You can use your thigh (front and middle) or stomach area (abdomen), except for two inches around the navel (belly button). A caregiver may also give you an injection of HEMLIBRA in your upper outer arm, as it is difficult to do yourself.
- Use the body illustration to mark each injection site so you can easily rotate each time.
 - If you inject in your stomach area and want to inject in the same area the next time, just make sure the injection site is at least one inch away from the area you used before.
- Please see the HEMLIBRA Instructions for Use for specific injection site information. Never give an injection into an area that could be irritated by a belt or waistband, or into moles, scars, bruises, or areas where the skin is tender, red, hard, or the skin is broken.

Injection and vial information

- Note the date/time and amount injected
- Combine all vials used into one entry, if more than one is used
- Note any important observations about your injection in the MY NOTES section of this log
- Fill in the expiration date, lot number, and vial size (if the vials have peel-off labels, you may want to use those instead)

The end of this book has additional pages to capture information about any bleeds you may have, as well as notes to discuss with your healthcare provider. Always follow your healthcare provider’s instructions on when and how to treat a bleed when taking HEMLIBRA.

Bleed information

- If you have a bleed, use this section to track it
- Refer to the Medication Guide for important information regarding use of a bypassing agent

My notes

- Use this section to write down any notes for discussion with your healthcare provider

BLEED INFORMATION*

Date of bleed: 1/18/19

Bleed location/type: Knee joint

Treatment used (therapy, exp. date, lot #, total amount used):

[Therapy name, exp. 12/18/20

lot XXXXX, XX mg used]

MY NOTES

*Refer to the Medication Guide for important information about using a bypassing agent.

INJECTION SITE LOCATION (CIRCLE ONE)

ABDOMEN

THIGH

UPPER ARM (caregiver only)

INJECTION INFORMATION

Date: 1/18/19

Time: 3:30 AM PM

Total amount injected (mg): 145

VIAL INFORMATION

Expiration date: 12/22/20

Lot number: 762897

Amount (mg): 150

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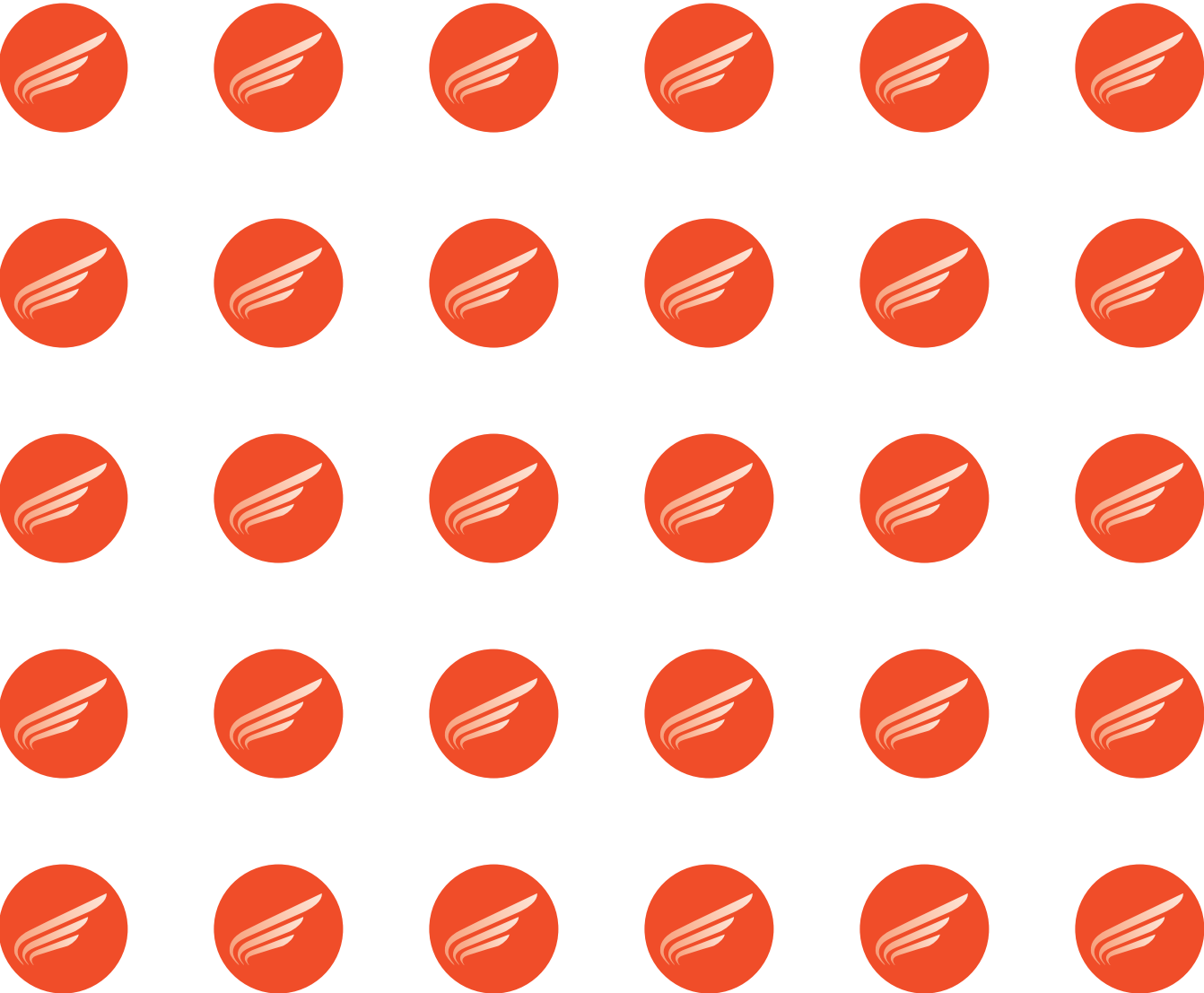
Expiration date: _____


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Injection reminder stickers
for your calendar

Injection reminder stickers for your calendar





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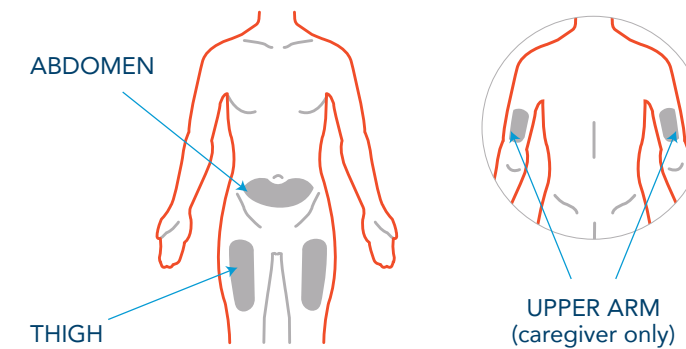
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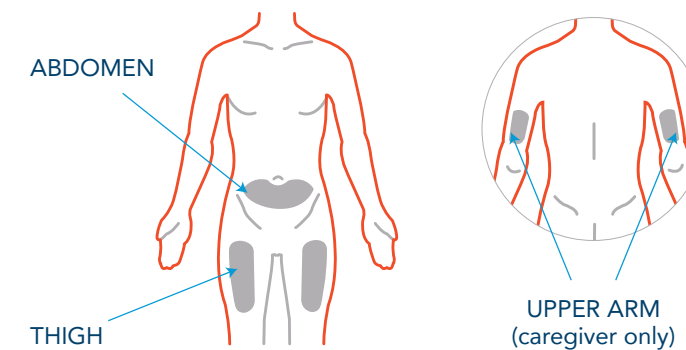
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(caregiver only)

INJECTION INFORMATION

Date: _____

Time: _____ ☐ AM ☐ PM

Total amount injected (mg): _____

VIAL INFORMATION

Expiration date: _____

Lot number: _____

Amount (mg): _____

Follow the Instructions for Use available in your HEMLIBRA Welcome Kit and at HEMLIBRA.com before injecting HEMLIBRA. Your healthcare provider should show you or your caregiver how to prepare and inject your dose of HEMLIBRA before you have your first injection. Ask your healthcare provider if you have any questions.

INJECTION SITE LOCATION (CIRCLE ONE)

ABDOMEN

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My HEMLIBRA injections

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My bleed information

What is the most important information I should know about HEMLIBRA?
HEMLIBRA increases the potential for your blood to clot. Carefully follow your healthcare provider’s instructions regarding when to use an on-demand bypassing agent or factor VIII, and the dose and

BLEED INFORMATION*

Date of bleed: _____

Bleed location/type: _____

Treatment used (therapy, exp. date, lot number, total amount used): _____

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*Refer to the Medication Guide for important information about using a bypassing agent.

schedule to use for breakthrough bleed treatment. HEMLIBRA may cause serious side effects when used with activated prothrombin complex concentrate (aPCC; FEIBA®), including thrombotic microangiopathy (TMA), and blood clots (thrombotic events). If aPCC (FEIBA®) is needed, talk to your healthcare provider in case you feel you need more than 100 U/kg of aPCC (FEIBA®) total.

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My notes

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Please see Important Safety Information, including **Serious Side Effects**, throughout this brochure, as well as the HEMLIBRA full Prescribing Information and Medication Guide.



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As a reminder, the injection log is meant to help you track and record your injections. Please be sure to carefully read the Instructions for Use and Starting HEMLIBRA brochure, as these are helpful guides on how to store your medication, prepare for and administer injections, and discard unused medicine.

Ask your healthcare provider if you have any questions.

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A Member of the Roche Group

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